

SOCCER

July 8, 2006 - August 26, 2006

Tikes (24 - 36 mos.) Parent/caregiver participation required.

This summer we will be offering a new parent/caregiver participation micro-soccer class for the smallest of soccer stars. The goal of this class is to introduce toddlers to the game of soccer and the joy of movement in a supportive and nurturing environment. Children also are given the tools and experience to separate from their parents and enter our micro-soccer program in the fall or spring. Parent/Caregiver participation and enthusiasm is required. **Children must have turned 2 by June 1, 2006.**

Spikes (3-5 years old)

Micro-soccer is a fast-paced, energetic game that gives preschoolers the opportunity to run and play while they improve muscle coordination and learn the concepts of teamwork and cooperation. Micro-Soccer features a variety of fun lessons and exercises designed to familiarize the young player with the game of soccer. Classes are divided into smaller age groups allowing coaches to utilize age and level-appropriate teaching tools.

Playing Stars (5-8 years old)

Playing Stars is a youth soccer program emphasizing individual skill development as well as the fundamentals of sportsmanship and team tactics. Students learn the proper technique on passing, dribbling, shooting, heading and goalkeeping. Full and half field training games are played throughout the semester to provide players with match experience

Cost: \$170/8 weeks

	TUES	WED	SAT
TIKES AGES 2-3			9:00am
SPIKES AGES 3-5	4:00pm		10:00am 11:00am
PLAYING STARS AGES 5-6		4:00pm	
AGES 7-8		4:00pm	

BASKETBALL

July 5, 2006 - August 29, 2006

Experienced coaches teach the fundamentals of the game-dribbling, shooting, passing and defense, and emphasize the concept of teamwork in all lessons.

Cost for each class: 90 minutes: \$180/8 weeks
120 minutes: \$220/8 weeks

	TUES	THURS	SAT
GRADES K-3	4:30pm (90 min.)		9:30am (90 min.)
GRADES 4-6			11:00am (90 min.)
ADV. TRAINING GRADES 8-10		4:00pm (120 min.)	

ROCK "N" ROLL

(5-15 years old)

Sessions begin Wednesday, July 5, 2006

Monday - Thursday 4:00pm - 5:30pm

Cost: \$25 per child/session

Groups are formed by our staff of expert instructors and participants have the opportunity to utilize gymnastics equipment (including foam pits) and the rock climbing wall. Groups, led by an instructor, go from station to station with adequate time for each activity. Spaces are limited for each session. Reservations may be made in person or by phone after 9:00 am for that day's session(s). You may only reserve up to 6 spaces. Sessions do fill up, so please arrive early. All phone reservations require payment via credit card and are non-refundable and non-transferable.



POLICIES/PROCEDURES

Cancellation/Refund Policy

There will be no refunds or class credits offered during the summer semester. If you are unsure about enrollment, you may sign up for a Trial Class. Trial Classes are based on class availability and are offered at a cost of \$25-\$30 per class. Only one trial class is allowed per child.

Class Make-up Policy

During the Summer, there will be no make-up classes offered for missed sessions.

How To Register

You may register by mail, over the phone or in person. To obtain a class registration form, you may either download it from the Field House website (chelseapiers.com/fh) and mail/fax the form or you may call 212.336.6500 ext. 0 to register by phone.

SUMMER SCHEDULE 2006



THE FIELD HOUSE
Chelsea Piers - Pier 62
23rd Street & Hudson River Park
New York, NY 10011
212.336.6500
FAX 212.336.6515
www.chelseapiers.com/fh

SUMMER GYM-JAM

Summer classes and activities in gymnastics, rock climbing, youth fitness and sports adventure.

Session Dates

Session I (July): July 5 - July 31

Session II (August): August 2 - August 28

Saturday Session: July 8 - August 26

SPORTS ADVENTURE

(6-10 years old)

This multi-sport class features soccer, trampoline, rock climbing, basketball, gymnastics, baseball and more. The class is designed to expose children to many challenging and fun sports activities that develop and stimulate all around physical strength and dexterity.

Cost: \$310/session

	TUES/THURS	SAT
AGES 6-7	4:00pm (90 min.)	11:30am (90 min.)
AGES 8-10	4:00pm (90 min.)	11:30am (90 min.)

SUMMER FUN FIT

(5-13 years old)

Cost: \$310/session

This class is designed to put the FUN in FITNESS. Children today are at risk of becoming more sedentary and, therefore, less physically fit. Our new Fun Fit class incorporates the revolutionary European-designed Panatta Kid System. This brand new program utilizes kid-friendly muscle toning and cardio equipment to both encourage and motivate children while introducing them to innovative and fun new ways to exercise. This class is ideal for developing active children, by combining strength, cardio, flexibility and rock climbing activities that offer a firm foundation for future physical fitness.

	MON/WED	SAT
AGES 5-13	4:00pm (90 min.)	11:30am (90 min.)

MY BUDDY & ME CAMP

(20 months - 36 months)

Parent or caregiver participation required.

June 19 - September 1, 2006

Monday - Thursday, 1:15pm - 3:15pm

No camp offered July 3-4. For information or to enroll, please call Kim Rich at 212.336.6500 ext. 6575 or visit www.chelseapiers.com/ft.

PRE-SCHOOL GYMNASTICS

All classes are 50 minutes unless otherwise indicated.

First Tots (8 - 14 mos.) Parent/caregiver participation required.

Young toddlers begin their exploration of movement and interaction in our new FIT 4 TOTS Center. Children in this class crawl, walk, and run on our tot-sized trampoline and soft, shaped mats. They also enjoy and explore our large and wonderful new ball pit. Other interactions include playtime with musical instruments and singing.

Tiny Tots (15 - 24 mos.) Parent/caregiver participation required.

Using creative play and nurturing instruction, parents and their young toddlers are introduced to the magic of movement in gymnastics. Age-appropriate activities and a flexible class environment provide the parent and child with the freedom to explore and enjoy movement individually.

Tumblin' Tots (25 - 36 mos.) Parent/caregiver participation required.

Tumblin' Tots classes are designed to encourage group activity as well as individual participation. Classes provide a consistent routine where children begin to accomplish their own goals within the structure of the class. Tumblin' Tots classes build a strong foundation for your child to develop a sense of athletic achievement, self-esteem, and social skills that will last a lifetime.

Acro-kats (3 years old)

Pre-schoolers are introduced to the magic of gymnastics in our first parent-child separation class. Children learn how to deal with the physical, mental, emotional and social aspects of childhood in a playful, creative and stimulating environment.

Gym-tigers (4 years old)

Pre-schoolers begin to participate in specialized activities that are geared towards building strength, flexibility and individual apparatus skills in gymnastics.

Future Stars (3-4 years) Invitation Only

Designed for children with previous gymnastics experience who have demonstrated talent and desire to continue at a more challenging level. Children are selected and evaluated for placement by Chelsea Piers' senior coaching staff. Classes are 60 minutes long.

Cost for each class: \$255/session

	MON/WED	TUES/THURS	SAT
FIRST TOTS 8-14 MOS		4:00pm	
TINY TOTS 15-24 MOS		4:00pm	9:30am
TUMBLIN' TOTS 25-36 MOS	4:00pm		10:30am
ACRO-KATS AGE 3	4:00pm	4:00pm	9:30am
GYM-TIGERS AGE 4	4:00pm	4:00pm	10:30am
FUTURE STARS INVITE ONLY AGES 3-4		4:00pm (60 min)	

GIRLS & BOYS GYMNASTICS

All classes are 60 minutes unless otherwise indicated.

Girls Gymnastics (5-17 years old)

Children are organized in groups according to gender, age and ability. Emphasis is placed on the fun of movement as well as the fundamentals that are the basis for success in all sports. Girls utilize the balance beam, uneven bars, vault and floor. All gymnasts use the tumble tracks, in-ground trampolines and deep foam pits. A low student/teacher ratio ensures personal attention and maximizes safety.

Boys Gymnastics (5-12 years old)

Children are organized in groups according to gender, age and ability. Emphasis is placed on the fun of movement as well as the fundamentals that are the basis for success in all sports. Boys work on floor exercise, pommel horse, parallel bars, high bar, still rings and vault. All gymnasts use the tumble tracks, in-ground trampolines and deep foam pits. A low student/teacher ratio ensures personal attention and maximizes safety.

Girls Hot Shots (5-6 years old)

Talented youngsters learn the routines, discipline and skills necessary for competitive gymnastics. Children are selected and evaluated for placement by Chelsea Piers' senior coaching staff.

**Cost for each class: 60 minutes: \$255/session
90 minutes: \$310/session**

	MON/WED	TUES/THURS	SAT
GIRLS			
AGES 5-7	4:00pm (90 min.)	4:00pm (90 min.)	9:30am 10:30am
AGES 7+	4:00pm (90 min.)	4:00pm (90 min.)	11:30am (90 min.)
BOYS			
AGES 5+	4:00pm (90 min.)		11:30am (90 min.)
HOT SHOTS GIRLS INVITE ONLY AGES 5-6	4:00pm (90 min.)		

TODDLER ADVENTURE CENTER

(6 mos. - 4 years)

Parent/caregiver participation required.

Our Toddler Adventure Center features one of the finest indoor toddler play areas in the city. The focus is on fun through movement as youngsters crawl, roll, jump, and explore. Children participate with a parent or caretaker in an "open play" environment. Our new state-of-the-art equipment provides your toddler with the perfect environment for exploration, learning, adventure and fun.

**Hours: Monday - Friday 10:00am - 3:00pm
Saturday & Sunday 9:30am - 4:30pm**