

# PERFORMANCE GOLF

**Location** The Golf Club

**Ages** 10-17 years old

**Dates** July 6 - August 14

**Drop-off** 8:30am - 9:00am

**Camp Time** 9:00am - 4:00pm

Performance Golf Camp is designed for junior golfers who have played the game before, show potential for skill development and are dedicated to taking their game to the next level. Campers are encouraged to register for at least 4 of the 5 weeks for maximum improvement, but may sign up for individual weeks.

## CURRICULUM

The weekly schedule combines a variety of elements, including: short game, full swing, course management, etiquette, video analysis, rounds of golf at a local course, the mental and emotional approach to golf, BlueStreak sports training and more. Each student has a personalized practice program concentrated on his or her strengths and weaknesses.

- Basic instruction and understanding the swing
- Course management
- Shot making skills (chip, putt, punch, draw, fade)
- Equipment (including dynamic fitting for each camper, and equipment assessment)
- Physical screening and conditioning, including yoga and BlueStreak sports training session
- Mental and emotional approach to golf

## STAFF

Golf Club Director of Instruction, **Dale Gray**, oversees the camp. Dale came to the Golf Club after 10 years of working directly under Hank Haney (swing coach to Tiger Woods) at the Hank Haney Golf Ranch in Texas. Dale has trained numerous top junior golfers that have gone on to receive college scholarships.

**Tom Guy**, UK PGA teaching professional and Junior Program Director, joins Dale on the instructional staff as the lead instructor for the Performance Camp. In 2007, Tom was recognized as the Chelsea Piers Golf Academy coach of the year. Other guest instructors will lend their experience to the curriculum each week.



