

CHELSEA PIERS GYMNASTICS

SUMMER SPORTS CAMP



June 18 – August 31, 2007
Ages 5-12
212.336.6846

REGISTER ON-LINE NOW
at www.chelseapiers.com

Chelsea Piers - Pier 62 - Suite 300
23rd St. & Hudson River Park
New York, NY 10011
www.chelseapiers.com



At the Chelsea Piers Summer Gymnastics Camp gymnasts of all levels, from recreational beginners to team competitors, experience the thrill of learning new skills and mastering old ones at New York City's most amazing gymnastics camp. Our experienced, highly-qualified staff works with small groups to identify individual strengths, teach proper technique and help campers reach their highest potential. Whether a child dreams of mastering Olympic-level twists and vaults or just wants to experience the excitement of bouncing on something springier than a bed, he or she will love the Chelsea Piers Gymnastics Camp.

AGE RANGE

Campers must have turned 5 years old and may not be over 12 years old at the start of camp. Chelsea Piers also offers a 1/2-day gymnastics program for campers 3-5 years old. Please see individual brochure or call for details.

CURRICULUM

Each week, campers are placed in groups according to age, ability and gender. Expected age groups are 5-6, 7-9 and 10-12. Age and level-appropriate curriculum is developed for each group. A low camper-to-teacher ratio encourages personal attention and maximizes safety.

Girls utilize the balance beam, uneven bars, vault and floor while boys work on floor exercise, pommel horse, parallel bars, horizontal bar, still rings and vault. All gymnasts enjoy the state-of-the-art tumble tracks, in-ground trampolines and deep foam pits. In addition to gymnastics, campers learn to rock climb on an artificial rock surface designed specifically for children. They develop grace, stamina, and their own natural movement capabilities while learning dance in our 1,400-square-foot dance studios. Emphasis, particularly for younger campers, is placed on the fun of movement as well as the fundamentals that are the basis for success in all sports.



ADDITIONAL CAMP HIGHLIGHTS*

Throughout the summer, campers also enjoy a number of special activities which are both fun and educational, including:

- **Harbor cruises** aboard a U.S. Coast Guard-certified vessel once every two weeks, pending availability.
- **Special appearances by professional athletes** who provide extra instruction and inspiration. Guest coaches have included members of the New York Yankees, the U.S. Olympic Gymnastics Team, the Philadelphia 76ers, former NY Rangers and NY/NJ MetroStars.

* All special activities are planned based on availability.

DAILY RECREATIONAL PERIOD

In addition to their daily rotations in the gym, campers have the opportunity to experience some of the other sports available at Chelsea Piers, including ice skating, bowling, soccer, volleyball, kickball, basketball and more during a daily recreational period. All equipment will be provided.

THE STAFF

Our dynamic staff of experienced professional instructors are hired not only for their knowledge of gymnastics, rock climbing and dance, but also for their ability to relate to and teach young children. The gymnastics staff includes international competitors and special appearances by members of the 1996, 2000 and 2004 U.S. Olympic Teams, when available.

FACILITIES

The Field House's 23,000-square-foot Gymnastics Center is home to the Gymnastics Camp. The Gymnastics Center, New York City's largest and only training center sanctioned by USA Gymnastics for local, state and regional competitions, features two column-free competition spring floors, sunken trampolines and multiple sets of equipment for each of the men's and women's Olympic events. Deep foam training pits, tumble tracks, and overhead spotting rigs create the optimal safe learning environment.

**SIGN UP FOR 8 OR
MORE WEEKS AND SAVE!**

DAILY SCHEDULE*

Campers are grouped by age and ability.

Camp is in session Monday-Friday.

8:30AM Campers arrive
8:45AM Warm-up/Stretch
9:00AM Begin Rotations 1-5
12:00PM Lunch
1:00PM Recreational Period
2:15PM Base Camp Activities
2:40PM Begin Rotations 6-7
3:45PM Campers change/prepare for dismissal
4:00PM Campers depart

*Schedule is subject to change

Counselors provide supervision until 4:30PM.

After 4:30PM, campers will be placed in After Care.

EARLY PICK-UP

Early Pick-up is available all day **EXCEPT** between 3:00-3:45pm. Written notice must be given at camp check-in.

AFTER CARE (Takes place in Field House)

To allow parents a chance to complete their work day, Chelsea Piers offers an After Care program from 4:30PM-6:00PM each day. After Care activities may include board games, videos, and arts and crafts. Parents may register for one day or up to five days per week. **Transportation is not available for campers in After Care.**

Cost = \$95/week or \$25/day

After 6:00pm you will be charged a \$20 late pick-up fee.

CAMP TUITION

The Gymnastics Camp is divided into five, 2-week sessions and one, 1-week session throughout the summer. Campers must enroll for at least one 2-week session. For campers who enroll in multiple sessions, the curriculum is cumulative.

Recommended Sessions:

Session I	2 weeks	June 18-June 29, 2007
Session II	2 weeks	July 2-July 13, 2007
Session III	2 weeks	July 16-July 27, 2007
Session IV	2 weeks	July 30-August 10, 2007
Session V	2 weeks	August 13-August 24, 2007
Session VI	1 week	August 27-August 31, 2007

Two-week session = \$1080
Each additional week after two-week session= \$520
Eight or more weeks = \$495 for each week enrolled
One week only = \$600

5% sibling discount

MEALS

Chelsea Piers provides nourishing, well-balanced, and generous lunches for all campers.

TRANSPORTATION

Selby Bus Service will provide bus service to and from Chelsea Piers for an additional charge of \$95/week. Licensed school bus vans, fully-equipped with seat belts and two-way radio dispatch, will pick up and drop off campers at convenient corners within each major residential neighborhood in Manhattan and in parts of Brooklyn. **Please see the transportation application for detailed information.**

HOW TO GET TO CHELSEA PIERS

For those parents who choose not to use camp transportation, Chelsea Piers is easily accessible by car, the M23 and M14 buses and any subway to 23rd Street. Cars enter Chelsea Piers from 24th Street and the West Side Highway. On-site parking is available. Parents may park for free for 20 minutes while picking up and dropping off campers.

HOW TO REGISTER

To register for Gymnastics Camp, please complete the online registration form or the camp application and the transportation application (optional) and return with payment. Upon receipt of your application and payment, we will send you a Parent Handbook and invoice. Medical forms are due before the onset of your camp session. **Please call 212.336.6846 if you would like additional information on Gymnastics Camp or visit www.chelseapiers.com/camp.**

OPEN HOUSE DAYS

The Chelsea Piers Sports Camp will host two Open House Days – Our Open House on March 3rd will be held at the Field House. Our 2nd Open House on May 5th will be held at Sky Rink. Parents are invited to visit our facilities and meet the directors of the Camps at Chelsea Piers. Please call 212.336.6846 for information on our Open Houses.

OTHER CAMPS AT CHELSEA PIERS

In addition to Gymnastics, Chelsea Piers offers 8 other sports camps for children ages 3-17. For more information about our Sports Academy, Golf, Ice Skating, Ice Hockey, Pre-School, Bowling, Urban Adventure and Extreme camps, please call 212.336.6846.

