

CHELSEA PIERS

URBAN ADVENTURE

SUMMER SPORTS CAMP



July 2 - August 24, 2007

Ages 13-17

212.336.6846

REGISTER ON-LINE NOW
at www.chelseapiers.com

Chelsea Piers - Pier 62
23rd St. & Hudson River Park
New York, NY 10011
www.chelseapiers.com



Chelsea Piers Urban Adventure Camp offers four, 2-week sessions of intensive instruction in kayaking, rock climbing and sailing. While many camps offer sport-specific training, our unique camp focuses on individual instruction in three exciting and challenging sports. We also offer various opportunities to participate in more traditional sports such as basketball, soccer and volleyball.



CAMP FEATURES

- **Individualized Instruction:** Experienced instructors and counselors maintain a low camper-to-instructor ratio, which maximizes safety and ensures that every camper receives quality training.
- **Sports Conditioning:** Campers will participate in dry land activities including strength training, cardiovascular training, yoga and team building activities.
- **Camp Excursions:** At the end of each session, campers will have the opportunity to put their newly acquired skills to use. They will embark on a short kayak and sailing trip and participate in a rock climbing competition.
- **Camp Day Trips:** Central Park, Intrepid Air & Space Museum and others.

CAMPER AGE RANGE

Urban Adventure Camp is for girls and boys ages 13-17. Campers must turn 13 by the start of camp.

MEALS

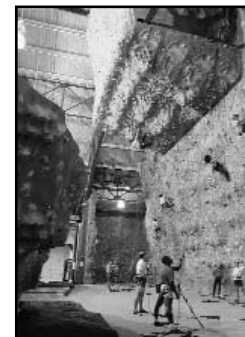
Chelsea Piers provides nourishing, well-balanced and generous lunches for all campers. The midday break is a time when campers relax, meet with friends and share experiences.

CURRICULUM

The Urban Adventure Camp curriculum stresses the basics of kayaking, rock climbing and sailing for the beginner, while experienced campers will be introduced to more advanced topics.

Rock Climbing

Instruction includes discussion, demonstration and practice in buckling the safety harness, tying ropes, belaying, safety techniques and communication commands. Campers will then have the opportunity to discover the basic body movements used in climbing and to learn training regimens that improve strength and flexibility.



Sailing

Offshore Sailing School teaches campers the basics of sailing. Twice a week, campers learn about the various sailboat rigs through classroom instruction and sailing instruction aboard Colgate 26 class sailboats. Campers also receive classroom and sailing instruction aboard the *Schooner Adirondack*, a 78-foot replica of a twin-masted schooner.

Kayaking



Campers will learn basic paddle strokes, wet exit and re-entry techniques, how to read a tide book, plot a course and have fun in a variety of different boats.

Multi-Sports Camp

Urban Adventure is a camp that is also geared towards teenagers who enjoy basketball, baseball, soccer and sand volleyball. Additional recreational opportunities include bowling, ice skating and speedboat rides on the *Chelsea Screamer*.

DAILY SCHEDULE

Camp is in session Monday - Friday,

8:30AM Campers Arrive 1:15PM 3rd rotation
9:00AM 1st rotation 2:45PM Break/Snack
10:45AM 2nd rotation 3:00PM Sports Conditioning
12:30PM Lunch 4:00PM Campers Depart

*Schedule subject to change.

Counselors provide supervision until 4:30PM.

After 4:30PM, campers will be placed in After Care.

AFTER CARE (Takes place in Field House)

To allow parents a chance to complete their work day, Chelsea Piers offers an After Care Program from 4:45PM-6:00PM each day. After Care activities may include games and videos. Parents may register for one day or up to five days per week. **Transportation is not available for campers in After Care.**

Cost = \$95/week,

FACILITIES

Urban Adventure Camp, based at the Sports Center, is located on Pier 60 at Chelsea Piers. The Sports Center, recognized as one of the premier sports and fitness clubs in America, contains the largest indoor rock climbing wall in the Northeast, Manhattan's largest and most extensive cardiovascular and strength training areas, a 1/4-mile indoor running track, three basketball/volleyball courts, an indoor sand volleyball court along with a 25-yard swimming pool. The kayak program uses a variety of safety-certified sea kayaks that are selected to match each camper's size and experience. Both the sailing and kayaking programs make use of the Hudson River and New York Harbor - one of the finest and cleanest natural harbors in the nation. All trips are planned in accordance with tide tables.

DATES AND TUITION

Urban Adventure Camp is divided into four, 2-week sessions throughout the summer. For campers who enroll in multiple sessions, the curriculum is cumulative.

Sessions:

Session I	2 weeks	July 2-July 13, 2007
Session II	2 weeks	July 16-July 27, 2007
Session III	2 weeks	July 30-Aug. 10, 2007
Session IV	2 weeks	Aug. 13 - Aug. 24, 2007

1st two-week session = \$1080

Each additional week after two-week session = \$520

5% sibling discount

TRANSPORTATION

Selby Transportation will provide bus service to and from Chelsea Piers for an additional charge of \$95/week. Licensed school bus vans, fully-equipped with seat belts and two-way radio dispatch, will pick up and drop off campers at convenient corners within each major residential neighborhood in Manhattan and in parts of Brooklyn. **Please see the transportation application for detailed information.**

HOW TO GET TO CHELSEA PIERS

For those parents who choose not to use camp transportation, Chelsea Piers is easily accessible by car or by public transportation. Cars enter Chelsea Piers from 24th Street and the West Side Highway. On-site parking is available. Parents may park for free for 20 minutes while picking up and dropping off campers.

HOW TO REGISTER

To register for Urban Adventure Camp, please complete our online registration or our camp and transportation application (optional) and return with payment. Upon receipt of your application and payment, we will send you a Parent Handbook and invoice. Medical forms are due before the onset of your camp session. For information call 212.336.6846 or visit www.chelseapiers/camp.

OPEN HOUSE DAYS

The Chelsea Piers Sports Camp will host two Open House Days - Our Open House on March 3rd will be held at the Field House. Our 2nd Open House on May 5th will be held at Sky Rink. Parents are invited to visit our facilities and meet the directors of the Camps at Chelsea Piers. Please call 212.336.6846 for information on our Open Houses.

OTHER CAMPS AT CHELSEA PIERS

In addition to Urban Adventure Camp, Chelsea Piers offers 8 other sports camps for children ages 3-16. For more information about our Sports Academy, Gymnastics, Skate, Bowling, Ice Skating, Ice Hockey, Golf or Pre-School camps, please call 212.336.6846.

