

ELITE SOCCER

Location The Field House

Ages 9-16 years

Drop-off 8:30am – 9:00am

Camp Time 9:00am – 4:00pm

The Chelsea Piers Elite Soccer Camp is the perfect way for individual soccer players or a soccer team to take skills and fitness training to the next level.

CAMP FEATURES

- Acceleration & Skills Training
- Core Stabilization
- Generation III Super Treadmill Plyometrics
- Strength training
- Tactical training, including defending, transitions, etc...
- Technical training, including dribbling, shooting, foot skills, goalie skills, etc...
- Lectures

CURRICULUM

Elite Soccer campers improve their soccer skills through practice, small-sided futsal and beach soccer matches and full scrimmages. Athletes take advantage of the state-of-the-art facilities at the Field House including brand new indoor turf fields, as well as our world-class coaching staff. Campers also have access to the latest sports training technologies available at the Chelsea Piers BlueStreak Sports Training facility, including Dartfish video analysis, high-speed treadmills and FreeMotion strength equipment.

FACILITIES

Elite Soccer Camp is based at both the Field House's state-of-the-art new turf soccer fields, as well as the latest sports training technologies of the Chelsea Piers BlueStreak Sports Training facility. Campers also utilize the Sports Center's 1/4-mile track, sand pit and basketball courts.

STAFF

Our enthusiastic and professional coaches are dedicated to providing a structured environment for campers to improve soccer skills. Players can also look forward to special appearances by top college or professional coaches and athletes.



