

# GYMNASTICS

**Location** The Field House  
**Ages** 5-14 years old  
**Drop-off** 8:30am - 8:45am  
**Camp Time** 8:45am - 4:00pm



At Chelsea Piers Gymnastics Camp, gymnasts of all levels, from beginners to advanced, experience the thrill of learning new skills and mastering old ones. Our experienced, highly qualified staff works with small groups to identify individual strengths, teach proper technique and help campers reach their highest potential. Whether a child dreams of mastering Olympic-level twists and vaults or simply wants to experience the excitement of bouncing on something springier than a bed, he or she will love Gymnastics Camp. Camper must turn 5 by June 1, 2010.

The Field House runs USA Gymnastics competitive level programs for both boys and girls. Summer programming for competitive gymnasts may vary. Please contact the Field House directly for specific information at 212.336.6500.

## CAMP FEATURES

- Age and level-appropriate curriculum developed for each gymnastics group
- Low camper/instructor ratio
- Professional instructors with years of experience in teaching young children
- Campers rotate through all Olympic gymnastics events
- Rock climbing on our indoor artificial rock surface climbing wall
- Gymnastics exhibitions throughout the summer (parents are encouraged to attend)

## CURRICULUM

Each week, campers are placed in groups based on age, ability and gender. An age and level-appropriate curriculum is developed for each group. A low camper/instructor ratio encourages personal attention and maximizes safety.





**Easy online enrollment:**  
[chelseapiers.com/camps](http://chelseapiers.com/camps)

Girls utilize the balance beam, uneven bars, vault and floor while boys work on floor exercise, pommel horse, parallel bars, horizontal bar, still rings and vault. All gymnasts enjoy state-of-the-art tumble tracks, in-ground trampolines and deep foam pits. In addition to gymnastics, campers learn to rock climb on an artificial rock surface designed specifically for children. In our spacious dance studios, gymnasts develop grace, stamina and their own natural movement capabilities. Emphasis, particularly for younger campers, is placed on the fun of movement as well as the fundamentals that are the basis for success in all sports.

## **FACILITIES**

The Field House is home to New York City's largest competitive and recreational gymnastics training center. Facilities include two column-free competition spring floors, in-ground trampolines and multiple sets of equipment for each of the men's and women's Olympic events. Deep foam training pits, tumble tracks and overhead spotting rigs create the optimal safe learning environment. Campers receive dance training in our spacious dance studios.

## **THE STAFF**

Our dynamic staff of experienced professional instructors are hired not only for their knowledge of gymnastics, rock climbing and dance, but also for their ability to relate to and teach young children. The gymnastics staff includes international competitors and special appearances by past and present members of the U.S. Olympic teams, when available. Mature and responsible counselors also provide supervision and support throughout the day. For more information, call 212.336.6846.

## **EARLY PICK-UP (Gymnastics Camp Only)**

For your convenience, early pick-up is available all day EXCEPT between 3:15-4:00pm. Written notice must be given at camp check-in.







**CAMPER INFORMATION**

Female  Male

Name \_\_\_\_\_

Home Ph. \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Camper's Age as of 6/01/10: \_\_\_\_\_

**Who is authorized to meet your child at the bus:**

Person(s) identified below  My child can leave the bus alone.

Please list full name(s) and relationship to camper:

\_\_\_\_\_

**Check the camp(s) that your child will attend:**

- Gymnastics
- Sports Academy
- Bowling
- Golf
- Ice Hockey
- Ice Skating
- Urban Adventure for Teens (July 5 – August 27 only)
- Golf Performance Camp (July 5 – August 13 only)
- Elite Soccer
- BlueStreak Sports Camps (except Football)

**Please indicate the dates that your child will attend:**

- WEEK 1: June 21 - 25
- WEEK 2: June 28 - July 2
- WEEK 3: July 5 - July 9
- WEEK 4: July 12 - 16
- WEEK 5: July 19 - 23
- WEEK 6: July 26 - 30
- WEEK 7: August 2 - 6
- WEEK 8: August 9 - 13
- WEEK 9: August 16 - 20
- WEEK 10: August 23 - 27
- WEEK 11: August 30 - September 3

Note: camp will be in session July 2.

**WAIVER**

I hereby authorize Chelsea Piers Summer Sports Camp to register my child for bus service. My payment of **\$115/week** is included with the camp deposit. I understand that this payment is refundable before May 18, 2010. After May 18, no refunds will be granted for transportation. **I understand that no refunds will be made for camp closings, absences, transportation delays, withdrawals or dismissals.** NOTE: Late registration does not guarantee you a seat on the bus. (This includes adding additional weeks of camp.)

Transportation Charge: \$115/week x \_\_\_\_\_ = \$ \_\_\_\_\_  
# of weeks Total Due

**PAYMENT A credit card is required with ALL transportation applications.**

Amex  Discover  MasterCard  Visa  Check (Chelsea Piers, L.P.)

Credit Card Number

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Expiration Date \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Please choose **ONLY ONE** designated bus stop:

EASTSIDE	WESTSIDE	DOWNTOWN	BROOKLYN
<p><b>York Ave. &amp;:</b></p> <input type="checkbox"/> 96th St. <input type="checkbox"/> 92nd St. <input type="checkbox"/> 86th St. <input type="checkbox"/> 79th St. <input type="checkbox"/> 72nd St. <input type="checkbox"/> 66th St. <input type="checkbox"/> 60th St. <input type="checkbox"/> 58th St. <p><b>1st Ave. &amp;:</b></p> <input type="checkbox"/> 20th St. <p><b>2nd Ave.* &amp;:</b></p> <input type="checkbox"/> 96th St. <input type="checkbox"/> 92nd St. <input type="checkbox"/> 86th St. <input type="checkbox"/> 79th St. <input type="checkbox"/> 72nd St. <input type="checkbox"/> 69th St. <input type="checkbox"/> 66th St. <input type="checkbox"/> 60th St. <input type="checkbox"/> 55th St. <input type="checkbox"/> 49th St. <input type="checkbox"/> 40th St. <input type="checkbox"/> 32nd St. <input type="checkbox"/> 27th St. <input type="checkbox"/> 21st St. <input type="checkbox"/> 17th St. <input type="checkbox"/> 14th St. <p><b>5th Ave. &amp;:</b></p> <input type="checkbox"/> 96th St. <input type="checkbox"/> 86th St. <input type="checkbox"/> 79th St. <input type="checkbox"/> 72nd St. <input type="checkbox"/> 66th St. <p><b>Park Ave. &amp;:</b></p> <input type="checkbox"/> 96th St. <input type="checkbox"/> 90th St. <input type="checkbox"/> 86th St. <input type="checkbox"/> 79th St. <input type="checkbox"/> 72nd St. <input type="checkbox"/> 66th St. <input type="checkbox"/> 59th St. <input type="checkbox"/> 30th St. <input type="checkbox"/> 20th St. <input type="checkbox"/> 18th St.	<p><b>West End &amp;:</b></p> <input type="checkbox"/> 100th St. <input type="checkbox"/> 96th St. <input type="checkbox"/> 90th St. <input type="checkbox"/> 86th St. <input type="checkbox"/> 77th St. <input type="checkbox"/> 72nd St. <input type="checkbox"/> 66th St. <input type="checkbox"/> 59th St. <p><b>Broadway &amp;:</b></p> <input type="checkbox"/> 117th St. <input type="checkbox"/> 110th St. <input type="checkbox"/> 106th St. <input type="checkbox"/> 96th St. <input type="checkbox"/> 86th St. <input type="checkbox"/> 77th St. <input type="checkbox"/> 72nd St. <input type="checkbox"/> 60th St. <p><b>Columbus &amp;:</b></p> <input type="checkbox"/> 96th St. <input type="checkbox"/> 86th St. <input type="checkbox"/> 79th St. <input type="checkbox"/> 72nd St. <input type="checkbox"/> 67th St. <p><b>7th Ave. &amp;:</b></p> <input type="checkbox"/> 57th St. <p><b>C.P.W. &amp;:</b></p> <input type="checkbox"/> 103rd St. <input type="checkbox"/> 100th St. <input type="checkbox"/> 96th St. <input type="checkbox"/> 93rd St. <input type="checkbox"/> 90th St. <input type="checkbox"/> 86th St. <input type="checkbox"/> 81st St. <input type="checkbox"/> 77th St. <input type="checkbox"/> 72nd St. <input type="checkbox"/> 64th St.	<p><b>9th St. &amp;:</b></p> <input type="checkbox"/> 4th Ave. <input type="checkbox"/> University Pl. <p><b>11th St. &amp;:</b></p> <input type="checkbox"/> 2nd Ave. <input type="checkbox"/> Hudson <input type="checkbox"/> Greenwich St. <input type="checkbox"/> Washington St. <p><b>12th St. &amp;:</b></p> <input type="checkbox"/> 5th Ave. <p><b>16th St. &amp;:</b></p> <input type="checkbox"/> 6th Ave. <p><b>Hudson &amp;:</b></p> <input type="checkbox"/> Franklin <input type="checkbox"/> Spring <input type="checkbox"/> Vestry <p><b>Broadway &amp;:</b></p> <input type="checkbox"/> Prince <input type="checkbox"/> Grand <input type="checkbox"/> Spring <p><b>Houston &amp;:</b></p> <input type="checkbox"/> W. B'way <input type="checkbox"/> Lafayette <input type="checkbox"/> MacDougal <p><b>Perry &amp;:</b></p> <input type="checkbox"/> 7th Ave. <p><b>Battery Park:</b></p> <input type="checkbox"/> 200 Rector Pl. <input type="checkbox"/> 375 South End <input type="checkbox"/> 211 North End	<p><b>8th Ave. &amp;:</b></p> <input type="checkbox"/> 14th St. <input type="checkbox"/> 12th St. <input type="checkbox"/> 7th St. <input type="checkbox"/> 5th St. <input type="checkbox"/> 3rd St. <input type="checkbox"/> 1st St. <input type="checkbox"/> Union <input type="checkbox"/> Garfield <input type="checkbox"/> Lincoln <p><b>Clinton &amp;:</b></p> <input type="checkbox"/> Baltic <input type="checkbox"/> DeGraw <input type="checkbox"/> Congress <input type="checkbox"/> Atlantic <input type="checkbox"/> Joralemon <p><b>Carrol &amp;:</b></p> <input type="checkbox"/> Smith <p><b>Cranberry &amp;:</b></p> <input type="checkbox"/> Hicks <p><b>Middaugh &amp;:</b></p> <input type="checkbox"/> Cadman Plaza West

**\*2nd Ave. in AM. and 3rd Ave. in PM.**

**BUS TIMES MAY CHANGE FROM WEEK TO WEEK**  
**You will be e-mailed or called with your pick-up time by the Friday before your child starts camp.**